

se pozorně do zrcadla. Na své tváři
informace, které vám poskytnou
fyzickém stavu –
správně d

Lidské tě
vráska na
může hod
člověka, d
jen podívá
jindy, uv
myšlenky,
dno své d

Někdy se
i duši“ ne
které si v
přežití tra
nám může
je potřeba
správně d

ZKONTRO

Jak se p
zjistíme, ž

Pokuste s
vámi proc
přítom ne
energetick
bolest.

Zaměřte
obrázku.
načervena
Pokuste s
správné d

Když objev
a snažte
energie za
kritický b
rukama oc
ven. V pří
postupujte

MAPA ZD

Podle Pat
se to i naš

1. M
2. TI
3. Te
4. Já
5. SI
6. ŽI
7. Na
8. SI
9. Ža
10. Sr
11. Pr
12. PI
13. Po
14. Le



the 1990s, the number of people with a mental health problem has increased in the UK (Mental Health Act 1983, 1990).

There is a growing awareness of the need to improve the lives of people with mental health problems. The Department of Health (1999) has set out a vision of a new mental health system, which will be based on the following principles:

- People with mental health problems should be treated as individuals, with their own needs, strengths and wishes.
- People with mental health problems should be given the opportunity to participate in decisions about their care and treatment.
- People with mental health problems should be given the opportunity to live as fully as possible in their own homes and communities.

These principles have been adopted by the National Institute for Mental Health in the USA (NIMH, 1998) and the Department of Health in the UK (1999).

There is a growing awareness of the need to improve the lives of people with mental health problems. The Department of Health (1999) has set out a vision of a new mental health system, which will be based on the following principles:

- People with mental health problems should be treated as individuals, with their own needs, strengths and wishes.
- People with mental health problems should be given the opportunity to participate in decisions about their care and treatment.
- People with mental health problems should be given the opportunity to live as fully as possible in their own homes and communities.

These principles have been adopted by the National Institute for Mental Health in the USA (NIMH, 1998) and the Department of Health in the UK (1999).

There is a growing awareness of the need to improve the lives of people with mental health problems. The Department of Health (1999) has set out a vision of a new mental health system, which will be based on the following principles:

- People with mental health problems should be treated as individuals, with their own needs, strengths and wishes.
- People with mental health problems should be given the opportunity to participate in decisions about their care and treatment.
- People with mental health problems should be given the opportunity to live as fully as possible in their own homes and communities.

These principles have been adopted by the National Institute for Mental Health in the USA (NIMH, 1998) and the Department of Health in the UK (1999).

There is a growing awareness of the need to improve the lives of people with mental health problems. The Department of Health (1999) has set out a vision of a new mental health system, which will be based on the following principles:

- People with mental health problems should be treated as individuals, with their own needs, strengths and wishes.
- People with mental health problems should be given the opportunity to participate in decisions about their care and treatment.
- People with mental health problems should be given the opportunity to live as fully as possible in their own homes and communities.

These principles have been adopted by the National Institute for Mental Health in the USA (NIMH, 1998) and the Department of Health in the UK (1999).

There is a growing awareness of the need to improve the lives of people with mental health problems. The Department of Health (1999) has set out a vision of a new mental health system, which will be based on the following principles:

- People with mental health problems should be treated as individuals, with their own needs, strengths and wishes.
- People with mental health problems should be given the opportunity to participate in decisions about their care and treatment.
- People with mental health problems should be given the opportunity to live as fully as possible in their own homes and communities.